Do you have "lived experience" as a peer or as a loved one? Looking to pay hope forward?

Are you...

...available one day or evening per month to meet with others to talk and support one another?

- Peers: NAMI Connection
- Loved Ones: NAMI Family Support Group

...interested in co-teaching a scripted, multi-session course for others with similar life experience?

- Peers: NAMI Peer-to-Peer
- Loved Ones: NAMI Family-to-Family
- Family Caregivers: NAMI Basics

...interested in sharing your story with young people? Do you have flexibility in your day to offer daytime presentations?

- Peers or Family Caregivers: NAMI Ending the Silence

...interested in co-facilitating a one-day workshop or 90-minute meeting for peers or loved ones?

- Peers and Loved Ones: Hope for Recovery
- Sharing Hope
- Compartiendo Esperanza

Contact Jenn Ford: jford@namide.org