

# Do you have "lived experience" as a peer or as a loved one? Looking to pay hope forward?

## Are you...

...available one day or evening per month to meet with others to talk and support one another?



Peers: NAMI Connection  
Loved Ones: NAMI Family Support Group

... interested in co-teaching a scripted, multi-session course for others with similar life experience?



Peers: NAMI Peer-to-Peer  
Loved Ones: NAMI Family-to-Family  
Family Caregivers: NAMI Basics

...interested in sharing your story with young people? Do you have flexibility in your day to offer daytime presentations?



Peers or Family Caregivers:  
NAMI Ending the Silence

...interested in co-facilitating a one-day workshop or 90-minute meeting for peers or loved ones?



Peers and Loved Ones:  
Hope for Recovery  
Sharing Hope  
Compartiendo Esperanza

**Contact Jenn Ford: [jford@namide.org](mailto:jford@namide.org)**